



2025 Pacific Northwest Short Track Open

Sunday, January 19, 2025

This is an International Event

<https://pugetsoundspeedskating.com/2025-pacific-northwest-short-track-open/>

Sponsored by: Puget Sound Speedskating Club
Sanctioned by: US Speedskating
Hosted by: PS Ice Sports at Tacoma Twin Rinks

Puget Sound Speedskating Club is pleased to announce the *2025 Pacific Northwest Short Track Open*. This *US Speedskating* sanctioned event will be raced on a 111m track on one of the rink's two 200' x 85' sheets of ice. Skaters aged 8 and under will race on an 85m track. This competition will be held in a championship format. Each skater will race in a semifinal and a final in two distances for a total of four races. Race heats will be organized by ability. Award divisions will be based on age and gender.

LOCATION: (30 miles south of Seattle/Tacoma International Airport)

Tacoma Twin Rinks
2645 S 80th St
Tacoma, WA 98409

SCHEDULE: *TIMES ARE TENTATIVE. SEE PSSC WEBSITE FOR EVENT UPDATES.

Saturday, January 18, 2025

Visitor Practice: (US\$10**)	2:30 pm - 3:10 pm
PSSC Practice: (Punch Card)	3:15 pm - 4:55 pm

Sunday, January 19, 2025

Check-In & Equipment Check***	*8:00 am - 8:30 am
Warm Up	*9:00 am - 9:30 am
Officials and Coaches Meeting	*9:30 am - 9:50 am
Opening Ceremony & Races	*10:00 am - 2:30 pm
Awards	*3:00 pm - 3:30 pm

**Please pay for Friday practice at the rink when you check in

***All skaters must be present at equipment check

MEET DIRECTOR: Mark S. Soldan

ENTRIES AND QUESTIONS:

Entry Deadline:	Saturday, 01/10/2025
Meet Director:	Mark "Loeb" Soldan
MarkSSoldan@gmail.com	(Preferred)
(510) 551-5087	(Emergency Only)

DEADLINE EXTENDED

ELIGIBILITY:

Skaters of all abilities, ages, and from all countries are welcome. All skaters must be active members in good standing of US Speedskating or of their country's NGB (National Governing Body). NGB member number must be entered on this entry form and will be verified. Please notify race organizers if you wish to be excluded from any race(s).



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RACE/AWARD FORMAT:

Each competitor will race 3 distances. Racers will be placed in divisions according to their ages and races will be heated according to their ability determined by entry seed times. Event officials may reorganize heats in the interest of safety. Awards will be given according to points totals in each gender and division.

SAFETY EQUIPMENT:

To assure skater safety, comply with US and International rules, and to prepare skaters for higher levels of competition, PSSC has adopted rules regarding safety equipment that are based on US Speedskating's *Rules for Competition* and *ISU Communication 2636 Protection Equipment in Speed Skating and Short Track Speed Skating*. For detailed requirement for all PSSC hosted competitions and practices and exceptions for children 10 and under, see the following web page which can be found in the Resources section of our website:

<https://pugetsoundspeedskating.com/requirements-for-safety-equipment-at-pssc-hosted-competitions-and-practices/>.

During equipment check, every skater will be required to show that they have the required safety equipment and that their front and rear skate tips are rounded to at least 1 cm.

AGE GROUPS	
The age of the skater will be the age the competitor is before July 1 preceding the competition.	
AGE GROUP	AGE
Junior H	3-4
Junior G	5-6
Junior F	7-8
Junior E	9-10
Junior D	11-12
Junior C	13-14
Junior B	15-16
Junior A	17-18
Senior	19-29
Master 30	30-39
...	...
Master 70	70+



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ENTRY FORM

(Submit one form for each participant)

The entry fee is US\$50 per skater, maximum of US\$120 per family. Spectators enter free. All entries must be received by **Saturday, 01/10/2025**, to avoid late fees. Late entries will incur an additional US\$25 late fee per entry. Please pay for Saturday practice at the rink when you check in. Email signed entry forms to **MarkSSoldan@gmail.com** and make *Venmo* payment to **@Mark-Soldan**, Zelle payment to **(510) 551-5087**, or PayPal payment to **Loebotomy@gmail.com**. Any transaction fees must be paid by the skater. Alternately, entry forms and checks made payable to "PSSC" may be mailed to:

Mark S. Soldan
2005 Overview Dr NE
Tacoma, WA 98422

Participant Information (ALL FIELDS ARE REQUIRED. INCOMPLETE FORMS WILL NOT BE ACCEPTED.)

Skater Name: _____ Gender: ☐ M ☐ F

Club: _____ DOB (mm/dd/yyyy): ____/____/____ Age as of July 1, 2024: _____

Coach's Name: _____ Coach's Email: _____

☐ US ☐ Canada ☐ Other: _____ Member Number: _____

Seed Time (example: 1:03.210): 333m: _____ 400m (100m track): _____ 500m: _____

Parent/Guardian Name: _____

Address: _____ City: _____

State/Province/Territory: _____ Code: _____

Email 1: _____ Cell Phone 1: _____

Email 2: _____ Cell Phone 2: _____

Medical Insurance Provider: _____

Insurance Member Number: _____ Group/Policy Number: _____



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WAIVER & RELEASE

(Submit one form for each participant)

In consideration of my involvement in the sport and activities under the auspices of U.S. Speedskating and/or Puget Sound Speedskating Club, I acknowledge, appreciate, and agree that: 1) I risk bodily injury, including paralysis, dismemberment, disability, and death and while particular rules of my sport, equipment, and persona training and discipline may reduce this risk this risk of injury does exist, as well as the risk of damage to or loss of property. 2) I knowingly and freely assume all such risks; both known and unknown, even if arising from the negligence of the Releasees or others. 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual or unnecessary hazard during my presence or participation, I will bring such to the attention of the nearest official; and, 4) I, for myself, and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release, hold harmless, and promise not to sue US Speedskating, Puget Sound Speedskating Club, Tacoma Twin Rinks, PS ICE SPORTS, The City of Tacoma, or other sponsoring or participating organizations, their officials, volunteers, staff, sponsors and/or agents ("Releasees") with respect to any and all injury and loss arising from my participation, whether caused by the negligence of the Releasees or otherwise. I have read this Release of Liability and Waiver Agreement, fully understand its terms, and sign it freely and voluntarily.

Participant's Signature: _____

Participant's Name (Printed): _____ Date: _____

FOR PARTICIPANTS OF MINORITY AGE
(Under age 18 at the time of registration)

This is to certify that I/we as parent(s)/guardian(s) with legal responsibility for this participant, do consent and agree not only to his/her release, but also for myself/ourselves, and my/our heirs, assigns and next of kin to release and indemnify the Releasees from any and all Liability incident to my/our minor child's involvement as stated above.

Parent/Legal Guardian's Signature: _____

Parent/Legal Guardian's Name (Printed): _____ Date: _____